



TRADITIONAL CHINESE MEDICINE HERBAL ESSENTIAL OIL SERIES 汉方本草精油系列

With 5000 years of Chinese Medicine knowledge and wisdom, the essence of Chinese Herbal Medicine is extracted and refined into high quality essential oils that serve as perfect remedy for our body's meridians.

avita Herbal Essential Oils are created as a non-invasive, preventive, healthcare alternative for enhanced quality of life. Through inhalation, application, bath, meridian massage and gua-sha (scraping), avita Herbal Essential Oils can deliver amazing well-being and health.

用中国五千年的医药智慧把中草药的精华提炼成精油。归经入脉成为人体12条主要经络的良药。

avita汉方本草芳疗就是采用avita汉方本草精油，以吸入、涂抹、沐浴、经络按摩、刮痧等方式，进行身体的调理和保养。avita汉方本草精油使用方便，摆脱传统草药煎煮、难喝的困扰，更没有西药的副作用，经由嗅觉和皮肤进入人体，小分子精油迅速被身体吸收而发挥疗效，使中草药科学化、生活化。

avita汉方本草精油经络养生按摩法，经过实证的疗效以及本草独特配方，透过刺激穴位经络，将本草精油的精华输送进人体内，帮助经络中的“气”正常运行。

Benefits 效果

- Regular meridian massage with avita Herbal Essential Oils can help to regulate physiological functions
- Evoke positive emotions
- Ensure an enhanced flow of vital energy
- Achieve holistic healthcare benefits through the balance of body, mind and spirit
- 激活身体自我调整系统，预防疾病
- 促进局部循环，活络气血，活化血液循环
- 刺激经络穴道，促进经络功能
- 有效情绪管理，舒解压力

Our Herbal Essential Oil Range 汉方本草精油系列

FARNESOL MAGNOLIA 金合欢醇辛夷



The protective power of Farnesol is scientifically proven and is widely known for its potent anti-inflammatory properties, and henceforth its potential in the prevention of lung cancer as it trigger apoptosis, the programmed death of cancerous cells. This revolutionary product has 10 times the normal content of Farnesol which is impossible to achieve from other herbs or plants

金合欢醇的保护能力经科学证明，其强效的抗炎功能亦可触发癌细胞自动凋亡，对预防肺癌有很大的潜能。avita辛夷精油中的金合欢醇含量是一般稳定金合欢醇的10倍，这高分量从其他花草类提取时是无法达到的。

HINOKI 桧香



Being under constant tremendous stress from work and the environment can result in anxiety and distress. Hinoki Essential Oil relieves stress, calms nerves and balances our body's hormones. Through aromatherapy, the natural bactericidal ability of Hinoki, Tea tree and Litsea cubeba will also be maximized to aid air purification. It also forms part of avita's TCM Herbal Essential Oil Therapy.

现代人压力大，劳思过度，交感神经长期处于紧绷状态，造成心神不宁，焦躁多虑。桧香本草精油，来自大自然森林的芳香，能让紧张不安的情绪全然地释放。运用桧木、茶树与山苍子的天然抗菌成分，以薰香疗法让空气和环境得到净化，以经络按摩照顾你的身心。

VITAL MERIDIAN ESSENCE 经络大补帖



Vital Meridian Essence has wormwood, or moxa grass, as one of its main ingredients as well as more than 20 kinds of herbal essential oil which can be applied to different meridians in the body. When used individually, it can help to regulate the meridians. When used with other herbal essential oils, it allows the oils to work more quickly into the meridians and multiply their potency, for health recuperation

采用中医君臣佐使的指导原则，以艾草为主要成份，并加入了二十余种本草精油，可温通全身十二经络。单独使用可发挥经络调理的作用，配合“汉方本草精油系列”用于经络按摩，更能导引精油入经络，使精油功效如虎添翼。

ANGELICA ARDENT 天葵



Functions in blood circulation and mood enhancement, a regulatory and staminaenhancing essential for women is thus developed. Angelica Ardent herbal essential oil is the ideal healthcare companion for the modern women.

女性朋友每每为月事困扰，疲倦、易怒、焦虑不安，脸色苍白甚至疼痛难耐。何不用以当归和玫瑰精油调配而成的天葵汉方本草精油来照顾宝贵的身体？天葵汉方本草精油可以安抚紧张的情绪，让您温暖放松，恢复红润的脸色与光彩活力。

FORSYTHIA DETOX 兰华



The orchid, otherwise known as forsythia, has long been used for effective detoxification and germicidal treatment. Besides reducing acne and scars, it also has anti-inflammatory effects. When used for daily healthcare, it can greatly improve liver functions.

亚洲人因体质及生活环境的关系，肝病的罹患率居世界之冠。所谓“预防胜于治疗”，适当的运动，调整生活作息，同时善用兰华汉方本草精油，从日常生活开始注意保养，照顾好内在的健康，自然就有美丽、自信的光彩。兰华汉方本草精油主要成分是连翘，自古就是抗菌、解毒的良药，除了肝脏保健之外，同时有养颜美容，淡化痘疤的功效，以兰华进行脸部保养或刮痧，常保皮肤细致光彩。

HUO XIANG 藿香



According to the views of Chinese medicine, stomach is the key organ. Proper digestion and absorption of food is essential in giving a person the vigor and vitality that is needed to face the day. Besides having a regular diet and proper lifestyle habits, healthcare of the spleen and stomach must not be neglected as well.

Gentle meridian massage with Huo Xiang herbal essential oil can alleviate various digestive problems. It is a handy remedy which the modern generation can use at home or on the go.

中医认为，胃是五脏之本，唯有良好的消化与吸收能力，才能供应生活所必需的精神与活力，除了正常的饮食，良好的生活习惯之外，积极保养脾胃是不可忽视的工作。藿香汉方本草精油配合轻松的经络按摩，可以帮助改善消化道的种种困扰，保养与调理兼顾，是现代人在家保健的常备良方。

NEPENTHE 忘忧



Helps one to relax, thanks to its main herbal ingredient - valerian, which is recognized as the natural sleeping pill. Valerian has been used for its emotionally-calming and spiritually-purifying properties. It has also been widely used to relax tensed muscles, relief stress and regulate sleep.

忘忧汉方本草精油是为了照顾压力大、劳心多虑、睡眠质量低落的现代人所特别研发的。在忧郁症人口愈来愈多的城市社会，让忘忧汉方本草精油释放紧张、不安的情绪，温和而没有副作用，让你忘记烦忧，芳香好眠。

MASCULINE 非凡



Help men vitalise their meridians and enhance their masculinity. Besides healthcare and stamina enhancement. Masculine herbal essential oil also helps to rekindle the romantic sparks between couples, paving the way for blissful love.

现代男性面对竞争的工作挑战，往往过度疲劳，力不从心。非凡汉方本草精油含有强壮滋补的川芎和杜松等精油，能促进新陈代谢，改善血液循环，气血得到润泽，体能自然强壮，让男士们展现英姿。